



TENTATIVE ITINERARY CUSCO, PERU EXPEDITION

CUSCO AT A GLANCE:

"Cusco is a city stopped in time. Once part of the Incan empire, it was conquered in the 1500s by the Spanish conquistadors. The result is a city caught between two worlds. These people are fiercely loyal to the deep-rooted ancient traditions that define its culture today. It is home the great monuments of the Inca (including Machu Picchu) and the sacred Inca culture. Be prepared for awe-inspiring vistas, mountains, overflowing rivers, amazing food and service to some of the world's most traditional people."

Days and locations may change as plans finalize.

SUN, AUGUST 20TH

Arrive in Cusco early in the morning. Expect late-night layover in Lima, hotel not included. Group transportation will be provided to hotel in downtown Cusco. Leisure time provided to rest and acclimate to the high altitude of 11,200 feet above sea level. Group dinner and trip orientation scheduled this evening to discuss the week's activities. Overnight at Cusco hotel.

MON, AUGUST 21ST

Participate in a school screening at a rural elementary school near Chinchero, an ancient Incan village town built atop the palace of the Inca. Take a beautiful vista hike from Chinchero to Urquillos, experiencing the villagers go about their daily routine. Overnight Cusco.

TUES, AUGUST 22ND

Meet our partner doctors at a screening in a rural Cusco community school (TBA). Conduct volunteer project with a partnering nonprofit to benefit the school and children's education. Overnight Cusco.

WED, AUGUST 23RD

Free Day! Tour any number of Incan sites or go on a hike! Overnight Cusco.

THURS, AUGUST 24TH

Deliver our made glasses to the elementary school in Chinchero. Hiking at archaeological site of Moray, an ancient Incan agricultural laboratory. Overnight Cusco.

FRI, AUGUST 25TH

Climb higher into the Andes via bus and tour the legendary, impenetrable fortress of Ollantaytambo. Then take the train to Aguas Calientes. Overnight Aguas Calientes.

SAT, AUGUST 26TH

Tour famous Machu Picchu, with an option to hike its sister mountain, Wayna Picchu. Train back to Cusco. Traditional dance show outside of Temple of the Sun and farewell dinner to follow. Overnight Cusco.

SUN, AUGUST 27TH

Flights depart from Cusco to the United States early in the morning.